THE ROYAL ST. JOHN'S REGATTA COMMITTEE WAIVER, RELEASE OF LIABILITY, AND ASSUMPTION OF RISK

This document must be read in its entirety, signed and returned to the Royal St. John's Regatta Committee before participating in ANY Royal St. John's Regatta Committee activity.

In consideration of being allowed to participate in ANY activity organized and/or supervised by the Royal St. John's Regatta Committee (the "Committee"), including BUT NOT LIMITED TO rowing and/or coxing and/or coaching and/or training on ergometers, the undersigned acknowledges, understands, and agrees that:

1. The risk of injury (minor or catastrophic) and/or death from participation in any activity on Quidi Vidi Lake exists, and no preplanning, rules, or equipment can remove all such risk, and therefore by participating in such activities, I understand that I may be subject to such risk as a result of BUT NOT LIMITED TO equipment failure, negligence, inherent activity risks that cannot be controlled by the Committee; and

2. I knowingly, willingly and voluntarily assume all such risks of injury (minor or catastrophic) and/or death, both known and unknown, regardless of severity of injury, of risk of injury and/or death, even if arising from the negligence of the Committee, its employees, directors, members, officers, agents or otherwise; and

3. I understand that in assuming all risks that certain personal conditions (eg; heart conditions, epilepsy) may be aggravated by physical activity such as participation in a Committee activity, and that I should consult with a physician before participating; and

4. I hereby release the Committee, its employees, directors, members, officers, agents or otherwise, from any liability whatsoever with respect to disability, death, or any and all injury, loss or damage to person or property, whether caused by the negligence of the Committee, its employees, directors, members, officers, agents or otherwise; and

5. I hereby indemnify and hold harmless the Committee, its employees, directors, members, officers, agents or otherwise, of any and all causes of action, claims, demands, losses, or costs of any nature whatsoever, arising out of or in any way related to my participation in ANY Committee activity; and

6. I hereby waive all rights to file or prosecute any civil action against the Committee, its employees, directors, members, officers, agents or otherwise, for disability, death, or for any injury (minor or catastrophic), loss or damage to person or property in any way related to or resulting from my participation in ANY activity organized and/or supervised by the Committee; and

7. I expressly agree that this document shall be binding upon my heirs, executors, administrators and assigns.

I have read this agreement and FULLY UNDERSTAND the terms above, and I am freely and voluntarily agreeing to such terms by signing below, thereby executing this agreement at _____, on the _____ day of _____, 20__.
City/Town

(Please Print) Surname _____Given Names _____

Date of Birth _____
d m y

_____
Street Address City/Town Province Postal Code

_____
Home *or* Mobile Telephone # Work Telephone # E-Mail Address

Team Name: _____

IN EMERGENCY, Notify: _____
Name and Telephone Number

Signature _____ Date _____
d m y

PARENTS/GUARDIANS NOTE: FOR PARTICIPANTS ABOVE WHO ARE NOT AT LEAST 19 YEARS OF AGE

8. This is to certify that, I, as parent/guardian with legal responsibility for the above-noted participant, for myself, my heirs, executors, administrators and assigns, HEREBY CONSENT AND VOLUNTARILY AGREE TO **ALL** TERMS AND CONDITIONS SET FORTH ABOVE WITH RESPECT TO MY MINOR CHILD'S participation in **ANY** activity organized and/or supervised by the Committee AND ANY AND ALL LIABILITIES RESULTING FROM THIS participation, by signing below.

_____
Signature Name (Please Print) DATE d m y