



# ROYAL ST. JOHN'S REGATTA

Est. 1818



# 2023



PROUD TO BE A GOLD SPONSOR OF THE 2023

# Royal St. John's Regatta

STIRLING COMMUNICATIONS INTERNATIONAL<sup>®</sup>



With a time of 9:32.37, the NTV crew captured the 2022 Royal St. John's Regatta's NTV Satellite Network Amateur Male Championship!

## JOIN NTV FOR A DAY AT THE RACES

**AUGUST 2<sup>ND</sup>, 2023**

Join us throughout the day for the Royal St. John's Regatta Race Highlights, including Live Championship Races & Award Presentations starting at 6:30pm on Canada's Superstation NTV.



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The Royal St. John's Regatta is online at  
[www.stjohnsregatta.ca](http://www.stjohnsregatta.ca)

[www.facebook.com/royalstjohnsregatta](https://www.facebook.com/royalstjohnsregatta)

[twitter.com/StJohnsRegatta](https://twitter.com/StJohnsRegatta)

[instagram.com/StJohnsRegatta](https://www.instagram.com/StJohnsRegatta)

### THE 2023 ROYAL ST. JOHN'S REGATTA AGE CATEGORIES FOR PARTICIPANTS

Coxswains must be 19 years of age as of December 31 this year and must be certified by the Royal St. John's Regatta Committee.

Minimum age of any oarsperson is 10 years as of December 31 this year.

**U14:** Any oarsperson between the age of 10 and 14 as of December 31 this year.

**U16:** Any oarsperson under the age of 16 as of December 31 this year.

**U18:** Any oarsperson under the age of 18 as of December 31 this year.

**U21:** Any oarsperson under the age of 21 as of December 31 this year.

**Senior:** All registered oarspersons who are not rowing as U14, U16, U18, U21 or Masters.

**Women's Masters (41+):** An oarsperson whose minimum age shall be 41 years of age as of December 31 this year.

**Men's Masters (46+):** An oarsperson whose minimum age shall be 41 years of age as of December 31 this year.





**Message from  
The Lieutenant Governor**



As Vice-Regal Patron of the Royal St. John's Regatta, I am delighted to support this special annual event. Each year, tens of thousands flock to the shores of Quidi Vidi Lake to attend the oldest organized sporting event in North America, which officially earned its Royal designation from Queen Elizabeth II in 1993. This year marks the first Regatta under the reign of His Majesty King Charles III, continuing in the tradition of his mother and mentor.

The Regatta signifies an important part of the history of Newfoundland and Labrador. It embodies characteristics for which Newfoundlanders and Labradorians are known, determination, strength, resilience, and a strong sense of community.

The teamwork and dedication shown by the Regatta Committee members, volunteers, and rowing teams is inspiring. This event would not be possible without the commitment, time, and effort put forward by these organizers and volunteers.

Congratulations to all involved with the 205th Royal St. John's Regatta, I look forward to joining you and wish all who participate a wonderful and memorable day at the lake.

Judy M. Foote, P.C., O.N.L.  
Lieutenant Governor of Newfoundland and Labrador



**MESSAGE FROM THE PREMIER**

Welcome to the 205<sup>th</sup> running of the Royal St. John's Regatta, the oldest sporting event in North America!

As we gather with family and friends to cheer on our favourite crews, I hope you truly appreciate the hard work and dedication of everyone involved with bringing this event to our community.

From the rowers and coxswains, to the Regatta Committee who tend to a multitude of details, to the generous sponsors and many concessionaires who bring flavour and entertainment to the day, this is an event that brings our community together.

As a former rower, I know there is no feeling quite like hearing your coxswain saying, "Let it run" after you cross the finish line. I hope you all enjoy the day. I look forward to joining you at the pond as we celebrate the sport and tradition of rowing.

Congratulations to the Royal St. John's Regatta Committee and best of luck to the coxswains and rowers.

Honourable Dr. Andrew Furey  
Premier



## A Message from the Mayor

On behalf of the City of St. John's, I would like to extend a warm welcome to all residents, participants, and visitors to the 2023 Royal St. John's Regatta.

The Royal St. John's Regatta is more than just a day at the races; it is an integral part of our heritage, our culture and epitomizes the hard work and dedication of the people of Newfoundland and Labrador. The Regatta is steeped in traditions that define our unique community and showcase what Newfoundland has become well known for; people who work hard and strive to be the best we can be, while still enjoying our activities and having fun. It is an event held the first Wednesday in August, weather permitting, since 1818, in which we gather at Quidi Vidi Lake to meet friends, old and new, and to enjoy a day full of fun, games and races.

Congratulations to all the rowing crews, event organizers and volunteers for your dedication and hard work, and I would like to wish all residents an enjoyable 2023 Regatta Day and encourage everyone to make their way lakeside to take in some of the festivities and watch the races.

Best wishes,



Danny Breen  
Mayor



ST. JOHN'S



## MESSAGE FROM THE PRESIDENT Royal St. John's Regatta Committee

On behalf of the Royal St. John's Regatta Committee, it is my pleasure to welcome you to the 205th running of the Royal St. John's Regatta!

For so many of us, Regatta Day is one of the best days of the year. There's hardly a feeling quite like being pond side, feeling the energy of the crowd; smelling the delicious treats; hearing the wheels spin and seeing the elated, yet exhausted, crews rowing back to the dock at the end of the race to meet their cheering loved ones on the shore. It's always a special day and I have been honoured these last two years to experience this wonderful event with a front row view as the Royal St. John's Regatta Committee President.

As I reflect on my presidency and vice-presidency, I can't help but think of the many ups and downs we've all experienced in the last number of years. From the cancelled, and scaled down years, resulting from a global pandemic, to the relief and joys of 'Return to Play' and 'Come Home Year 2022'. In 2022 I had the honour of witnessing the first women's crews compete in an official long course race, and to add an additional layer of excitement to 2023, we are ecstatic to welcome the first men's crew competing in the official short course category!

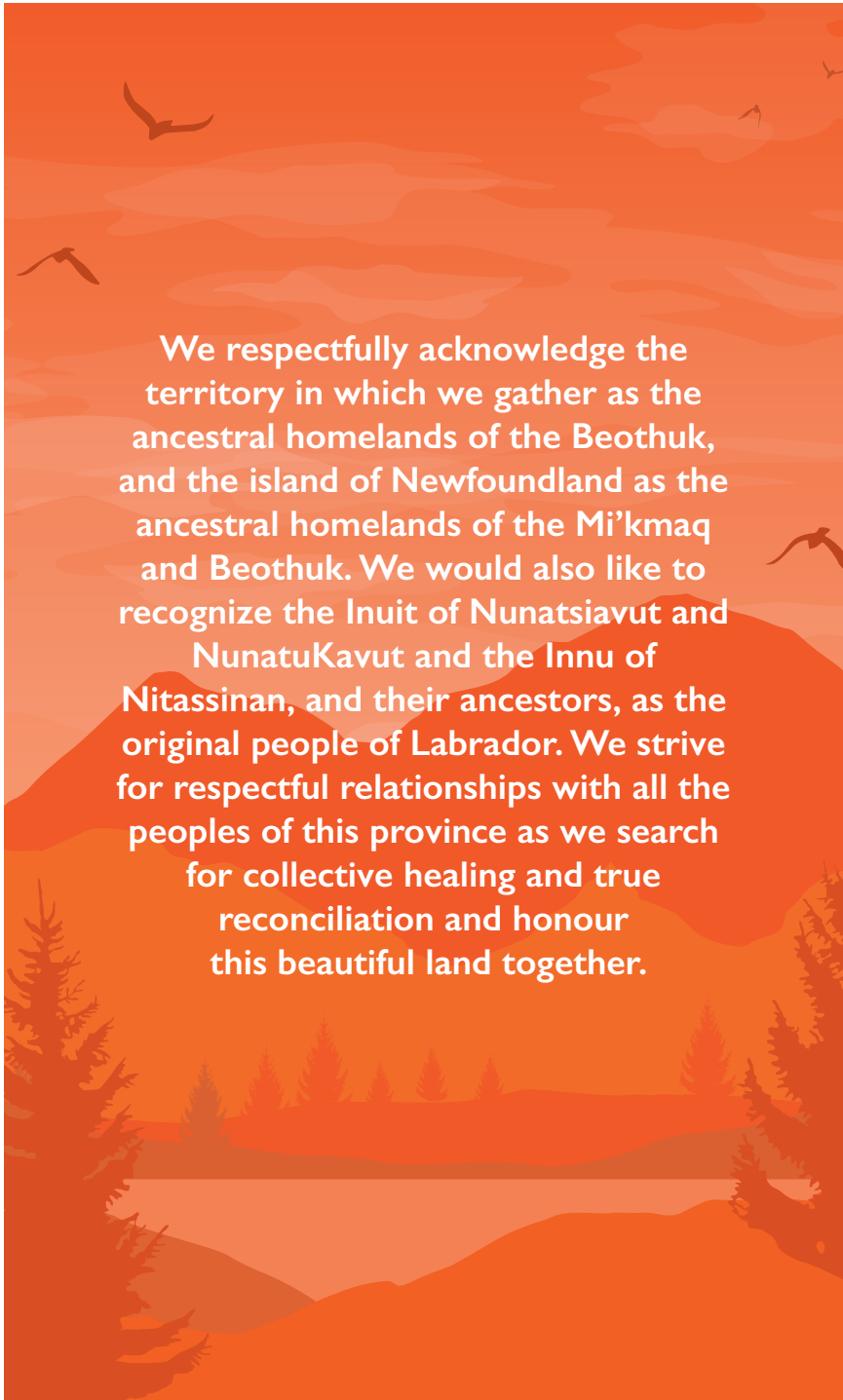
I know that I will look back on this period of time in history as memorable, eventful and the furthest thing from ordinary!

So as we come together today in the spirit of sport, community and tradition, I wish you all a happy, safe and memorable Royal St. John's Regatta Day!



Noelle Thomas-Kennell  
President  
Royal St. John's Regatta Committee





We respectfully acknowledge the territory in which we gather as the ancestral homelands of the Beothuk, and the island of Newfoundland as the ancestral homelands of the Mi'kmaq and Beothuk. We would also like to recognize the Inuit of Nunatsiavut and NunatuKavut and the Innu of Nitassinan, and their ancestors, as the original people of Labrador. We strive for respectful relationships with all the peoples of this province as we search for collective healing and true reconciliation and honour this beautiful land together.

## THE 2023 ROYAL ST. JOHN'S REGATTA COMMITTEE OFFICIALS AND STAFF ROSTER

---

- President:** Noelle Thomas-Kennell
- Immediate Past President:** Bradley Power
- Vice President and Captain of the Course:** Ashley Peach
- Secretary (Acting):** Ashley Wade
- Treasurer:** Mark Janes
- Chair of Rules/Chief Judge – Top of the Pond:** Wayne Purchase
- Top of the Pond Judges:** Louis Puddister, Wallace Gregory, Danny Breen
- Chief Timer:** Susie Ennis
- Electronic Timing:** Glen Rowsell
- Social Media Race Results:** Peter Tucker
- Course Timers:** Ashley Wade, Paul Rogers, Joedy Wall, Robyn Ash
- Gunner:** Gail Malone, Mark Janes
- Starter:** Sandy Hickman
- Race Control Centre:** Mike Power, Paul Walsh, Sheridan Yetman
- Chief Judge – Bottom of the Pond:** John Barrington (Incident Commander)
- Bottom of the Pond Judges:** John Barrington, Andrea Cook, Karen Harvey, Siobhan Coady, Peter Hollett
- Safety Boat:** Craig Drover (Incident Commander), George Wade, Brad Power
- Chase Boat:** Charles Cook (Incident Commander), Don Kelly
- Dock Marshalls:** Jack Fagan (Incident Commander), Ken Butler, Mark Williams, Susan Collins
- Boathouse Operations:** Campbell Feehan, Michelle Goobie, Robert Stoyles, Abdulrahman Ashraf, Rachel Pittman, Charlie White, Ella Mate, Anna Barrington.
- Communications/Media Relations:** Keith White
- VIP Boat:** Shannon Brown, Shawn Kennell
- VIP Greeter:** Candace Moakler
- Groundspace/Vendor Relations:** Jason Noseworthy, Scott Winsor, Mike Young
- Prizes and Presentation:** Keith White, Jessica Gallant, Justin Garrett, Tina Ring
- Hospitality/Photography:** Michelle Hickey
- Museum Hospitality:** Megan Browne
- Marquee Hospitality:** Noel Conway
- Race Results:** Jill Baker (Wellness Coordinator)

## THE 2023 ROYAL ST. JOHN'S REGATTA MEMBERSHIP LIST AND STAFF

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**Patron:** Honourable Judy M. Foote P.C., O.N.L.  
Lieutenant Governor of Newfoundland and Labrador

**Honourary President:** His Worship Danny Breen, Mayor of St. John's

**Honourary Life President:** Bernard "Tanny" Collins

### Board of Directors

**President:** Noelle Thomas-Kennell

**Vice President:** Ashley Peach

**Secretary (Acting):** Ashley Wade

**Treasurer:** Mark Janes

**Directors:** Shannon Brown, Michelle Hickey, Jason Noseworthy,  
George Wade, Keith White

**Immediate Past President:** Bradley Power

### Committee Members

Robin Ash, John Barrington Sr., Danny Breen, Meghan Brown, Shannon Brown, Kenneth Butler, Susan Collins, Andrea Cook, Charles Cook, Maria Delahunty-O'Brien, Craig Drover, Susie Ennis, John Fagan, Campbell Feehan, Jessica Gallant, Justin Garrett, Wallace Gregory, Michelle Hickey, Sandy Hickman, Mark Janes, Donald Kelly, Shawn Kennell, Candace Moakler, Jason Noseworthy, Scott O'Brien, Ashley Peach, Bradley Power, Lou Puddester, Wayne Purchase, Tina Ring, Paul Rogers, Glen Rowsell, Tracy Shute, Noelle Thomas-Kennell, Peter Tucker, Ashley Wade, George Wade, Joedy Wall, Paul Walsh, Keith White, Mark Williams, Jennifer Windsor-Browne, Scott Winsor, Mike Young

### Past Presidents

Paul Campbell, Geoffrey Carnell, Robert Clarke, Bernard Collins, Charles Cook, Roger Crosbie, Robert Hall, Brian Henley, Christopher Hickman, Donald Kelly, Gail Malone, Chris Neary, Bradley Power, Keith Renouf, Paul Rogers, Gary Squires, Lewis Stoyles, Wayne Young

### Honourary Life Members

Robert Angel, Ches Atkins, David Baird, Siobhan Coady, Noel Conway, James Corning, Amy Crosbie, Maureen Dunne, David Fox, Karen Harvey, Michael Hickey, Wilson Hiscock, Peter Hollett, Peter Kendall, Gerald Lang, Thomas Power, Michael Power, Herbert Stead, Geoffrey Steele, Sharon Tiller, Robert Whelan, Edgar Williams, Sheridan Yetman

## THE 2023 ROYAL ST. JOHN'S REGATTA MEMBERSHIP LIST AND STAFF

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### 2023 Royal St. John's Regatta Committee Honourary Members

Premier of Newfoundland and Labrador; Honourable Dr. Andrew Furey; Leader of the Official Opposition, David Brazil; Leader of the Third Party, Jim Dinn; Member of Parliament (Bonavista-Burin-Trinity), Churence Rogers; Member of Parliament (St. John's East), Joanne Thompson; Member of Parliament (St. John's South-Mount Pearl), Honourable Seamus O'Regan; Member of Parliament (Long Range Mountains), Honourable Gudie Hutchings; Member of Parliament (Labrador), Yvonne Jones; Member of Parliament (Avalon), Ken McDonald; Member of Parliament (Coast of Bays-Central-Notre Dame), Clifford Small; Chief Justice Court of Appeal of Newfoundland and Labrador; Honourable Deborah E. Fry; Chief Justice Supreme Court of Newfoundland and Labrador General Division, Honourable Raymond P. Whalen; Chief Judge Provincial Court of Newfoundland and Labrador; Honourable Robin L.L. Fowler; St. John's Regional Fire Department, Chief Sherry Colford; Royal Newfoundland Constabulary, Chief Patrick Roche; H.M. Penitentiary, Superintendent Daniel Chafe; 5 CDSG Garrison St. John's, Major Christopher Kane, Commanding Officer; Humber River Rowing Club, Amy Bishop; St. John's Rowing Club, Ann Dorward; Labrador West Rowing Association, Harold Clarke; St. John Ambulance, Garry Stamp; St. John's Board of Trade, Alex Gibson; Members of the House of Assembly: Honourable John Abbott (St. John's East-Quidi Vidi); Honourable Siobhan Coady (St. John's West); Honourable Steve Crocker (Carbonear-Trinity-Bay de Verde); Honourable Bernard Davis (Virginia Waters-Pleasantville); Paul Dinn (Topsail-Paradise); Jeff Dwyer (Placentia West-Bellevue); Sherry Gambin-Walsh (Placentia-St. Mary's); Honourable John Hogan (Windsor Lake); Paul Lane (Mount Pearl-Southlands); Loyola O'Driscoll (Ferryland); Honourable Tom Osborne (Waterford Valley); Honourable Pam Parsons (Harbour Grace-Port de Grave); Barry Petten (Conception Bay South); Honourable Sarah Stoodley (Mount Scio); Lucy Stoyles (Mount Pearl North); Joedy Wall (Cape St. Francis); St. John's Municipal Council: Mayor Danny Breen; Deputy Mayor Sheilagh O'Leary; Jill Bruce; Maggie Burton; Ron Ellsworth; Ian Froude; Debbie Hanlon; Sandy Hickman; Jamie Korab; Ophelia Ravencroft; Carl Ridgeley; City Clerk, Karen Chafe.

### Boathouse Staff

Michelle Goobie (General Manager), Robert Stoyles (Boathouse Manager), Rachel Pittman (Assistant Boathouse Manager), Jill Baker, Anna Barrington, Kaitlyn Drover, Abdulrahman (Aboo) Hussien, Ella Mate, Rachel Pittman, Charlie White

### Course Information

**Length of Long Course:** 2.450 km

**Length of Short Course:** 1.225 km

**Full Course Record:** 8:51.32 made by Crosbie Industrial Services (Men's), in 2007,  
rowing in the Miss Tubular

**Half Course Record:** 4:56.10 made by m5 Group (Women's), in 2018,  
rowing in the Pomerleau

# chevron learn to row program



Chevron Canada is a proud sponsor of the **Royal St. John's Regatta and the Chevron Learn to Row Program.**

If you are a new rower with a full crew, or an individual rower looking to get your foot in the door to create a new group, this program may be what you are looking for! For more information on how to get started, contact email: [LTR@stjohnsregatta.com](mailto:LTR@stjohnsregatta.com) phone: 709 576 8058 or visit [stjohnsregatta.com](http://stjohnsregatta.com)



[canada.chevron.com](http://canada.chevron.com)

## THE 2023 ROYAL ST. JOHN'S REGATTA SCHEDULE OF RACES

| RACE                    | TIME     | RACE NAME / CATEGORY   | TROPHY  |
|-------------------------|----------|--|---|
| 1                       | 8:00 AM  | NTV Satellite Network Amateur Senior Men's/ U21 Men's Races  | NTV Trophy Men's Amateur Race/ Andrew G. Carnell Memorial Trophy Men's U21 Race   |
| 2                       | 8:30 AM  | Chevron All Comers Senior Men's/ Men's Master's Races  | Bernard L. Collins Memorial Men's All Comers Race/ Royal St. John's Regatta Men's Masters Race  |
| 3                       | 9:00 AM  | Kent Amateur Senior Women's Race   | Robert (Bob) and Joseph Healey Family Memorial Trophy Women's Amateur Race  |
| 4                       | 9:20 AM  | CNA Mercantile Senior Women's Race   | Royal St. John's Regatta Women's Mercantile   |
| 5                       | 9:40 AM  | Tim Hortons U18 Women's Race   | Ultramar Ltd. Women's U18 Race  |
| <b>OFFICIAL OPENING</b> |          |  |   |
| 6                       | 10:00 AM | Rogers Women's Master's Race   | Neville Consulting Women's Masters Race   |
| 7                       | 10:20 AM | Newfoundland Power U21 Women's Race  | Royal St. John's Regatta Women's U21 Race   |
| 8                       | 10:40 AM | Sobeys General Workers Senior Women's Race   | Sobeys Group Trophy Women's General Workers Race  |
| 9                       | 11:00 AM | Prime Creative Senior Men's Short Course/ Senior Women's Long Course/ General Workers Senior Men's Races | Royal St. John's Regatta Senior Men's Short Course/ Royal St. John's Regatta OZFM Women's Crew Trophy Women's Long Course/ Atlantic Property Management |
| 10                      | 11:30 AM | City of St. John's Labour Senior Women's Race  | City of St. John's Mayor's Cup Women's Labour Race  |
| <b>BREAK</b>            |          |  |   |
| 11                      | 2:00 PM  | NLCU Commercial Senior Women's Race  | VOCM 590 Women's Commercial Race  |
| 12                      | 2:20 PM  | Benson Buffett District Senior Women's Race  | Royal St. John's Regatta Women's District Race  |
| 13                      | 2:40 PM  | Heave Away U16 Men's Race  | Royal St. John's Regatta Men's U16 Race   |
| 14                      | 3:00 PM  | ALC Club Senior Women's Race   | Royal St. John's Regatta Women's Club Race  |
| 15                      | 3:20 PM  | I Design Ltd. U16 Women's Race   | Royal St. John's Regatta Women's U16 Race 1   |
| 16                      | 3:40 PM  | Roebathan McKay Marshall All Comers Senior Women's Race  | Royal St. John's Regatta All Comers Senior Women's  |
| 17                      | 4:00 PM  | Cineplex U14 Men's Race  | Royal St. John's Regatta Paul Ring Men's U14 Race   |
| 18                      | 4:20 PM  | Marco U14 Women's Race   | Royal St. John's Regatta Queen Elizabeth II Platinum Jubilee Women's U14 Race 1   |
| 19                      | 4:40 PM  | Domino's U14 Women's Race  | Royal St. John's Regatta Women's U14 Race 2   |
| <b>BREAK</b>            |          |  |   |
| 20                      | 6:30 PM  | North Atlantic Orangestore Men's Championship Race   | Molson Coors Gerry Angel Memorial Trophy Men's Championship Race  |
| 21                      | 7:00 PM  | Stirling Communications International Women's Championship Race  | Kim Stirling Memorial Award Women's Championship Race   |





WASTE MANAGEMENT

PROUD TO BE LOCAL

“CAUSE WE'RE BOUND TO CROSS THE WATER”

# HEAVE AWAY, ROWERS AND GOOD LUCK!



HEAVE-AWAY.CA // (709) 745-6106

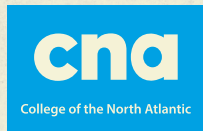
| Race #1    | 8:00 AM                        | NTV Satellite Network Amateur Senior Men's/ U21 Men's* Races |  |   | Race Records: 8:54.06/ 9:23.27* |
|------------|--------------------------------|--|--|---|---------------------------------|
| SHELL      | STAKE 1<br>Miss Tubular<br>Tan | STAKE 2<br>Iceberg Gold<br>White                             | STAKE 3<br>Pomerleau<br>Gold           | STAKE 4<br>Gerry Angel<br>Green           | STAKE 5<br>Dictator<br>Red      |
| CREW       | Capital Home<br>Hardware       | NTV  | Fine Strokes Plaster<br>& Painting Ltd | Andrew McDonald<br>General Contractor Ltd | East Coast Kia*                 |
| COXSWAIN   | Kevin Greeley                  | Dean Hammond   | Craig Whittle                          | Jim Carroll                               | Gord Delaney                    |
| STROKE     | Jason Wade                     | Paul Hussey  | James Cadigan                          | Perry Doran                               | Ian Morris                      |
| #5         | Brad White                     | Dexter Decker  | Dan Cadigan                            | Brian Healey                              | Thomas Dyer                     |
| #4         | Doug Jackman                   | Mike Barnes  | Eric King                              | Joe McGrath                               | Tyler Holwell                   |
| #3         | Ian Power                      | Frank Norris   | Brent Payne                            | Steve Ring                                | Ty Mitchelmore                  |
| #2         | Morgan White                   | Mark Duff  | Adam Kavanagh                          | Gary Squires                              | Nathan Ryan                     |
| #1         | Jonathan Houlihan              | Blaine Edwards   | Mathew Manning                         | Dale Kearley                              | Luke Power                      |
| SPARE      |                                | Chris Roche  | Jamie Traverse                         |   | Riley Cadigan                   |
| SPARE      |                                |  | Craig Whittle                          |   |                                 |
| COACH      | Ray Cadigan                    | Tyler Young/Alyssa<br>Deveraux                               |  |   |                                 |
| MANAGER    | Dana Reid                      | Donnie Decker  |  |   | Charlene<br>Deveraux            |
| TIMETRIALS | 9:35.62                        | 9:39.89  | 9:52.91                                | 10:30.76                                  | 10:43.77                        |
| PLACE      | _____                          | _____  | _____                                  | _____                                     | _____                           |
| TIME       | _____                          | _____  | _____                                  | _____                                     | _____                           |

| Race #2     | 8:30 AM                               | Chevron All Comers Senior Men's/ Men's Master's* Races |                              |                               | Race Records: 9:24.80/9:40.11* |
|-------------|---------------------------------------|--|------------------------------|-------------------------------|--------------------------------|
| SHELL       | STAKE 1<br>The Broker                 | STAKE 2<br>The OZ Network                              | STAKE 3<br>The Henley        | STAKE 4<br>President's Choice | STAKE 5<br>Smith Stockley      |
| FLAG COLOUR | Tan                                   | Gold   | Red                          | White                         | Green                          |
| CREW        | Torbay- Cindy<br>Thornton Real Estate | O'Dea Earle  | Canadian Armed<br>Forces Men | Iceberg Heat Pumps<br>Ltd     | Smith Stockley<br>Lakers*      |
| COXSWAIN    | Graham Roche                          | Hayley Ivany   | Ben Colbourne                | Tina Ring                     | Denise Carew                   |
| STROKE      | Noah Bradbury                         | Andrew Williams  | Rick Blanchard               | Robert Ring                   | Eric Crane                     |
| #5          | Lucas Roche                           | Marty Whelan   | Jonathan Roberts             | Matthew Hiscock               | Don Lynch                      |
| #4          | Noah Percy                            | Nicholas House   | Zach Laing                   | Jeff Cluney                   | Fabian McGrath                 |
| #3          | Kyle McGrath                          | Iain Cowley  | Jeff Kelly                   | David Jeenes                  | John Tucker                    |
| #2          | Conor Kavanagh                        | Luke Godden  | Robert Peddle                | Mike Lacay                    | Kevin Greeley                  |
| #1          | Francis Griffin                       | Michael Williams                                       | Colin Parsons                | Mike Lester                   | Derek Mercer                   |
| SPARE       | Ryan Roche                            |  | Devon Sparkles               | Trevor Ring                   | Gary Collins                   |
| SPARE       | Riley Roche                           |  | Matt Martin                  | Derek McGrath                 | John Brocklehurst              |
| COACH       | Robert Bradbury                       |  |                              | Eric Smith                    | Jack Fagan                     |
| MANAGER     | Tina Roche                            |  | Alysha Chaulk                |                               |                                |
| TIMETRIALS  | 11:01.02                              | 11:09.70   | 11:10.04                     | 11:18.71                      | 11:43.95                       |
| PLACE       | _____                                 | _____  | _____                        | _____                         | _____                          |
| TIME        | _____                                 | _____  | _____                        | _____                         | _____                          |

| Race #3    | 9:00 AM                        | Kent Amateur Senior Women's Race |                                 |                                  | Race Record: 4:56.10       |
|------------|--------------------------------|----------------------------------|---------------------------------|----------------------------------|----------------------------|
| SHELL      | STAKE 1<br>Miss Tubular<br>Tan | STAKE 2<br>Pomerleau<br>Gold     | STAKE 3<br>Gerry Angel<br>Green | STAKE 4<br>Iceberg Gold<br>White | STAKE 5<br>Dictator<br>Red |
| CREW       | Noonan Piercey                 | Smith Stockley                   | Dawe and Burke                  | Hylfodraulic                     | Cahill Group               |
| COXSWAIN   | Gord Delaney                   | John Barrington                  | Denise Carew                    | Robert Roach                     | Hayley Ivany               |
| STROKE     | Krista Browne                  | Maggie Carew                     | Nicole Saunders                 | Catherine Kelly                  | Shannon Driscoll           |
| #5         | Laura Roche                    | Anna Barrington                  | Meghan McCabe                   | Teresa Butler                    | Stephanie O'Quinn          |
| #4         | Kerri Ann Ennis                | Hannah Martin                    | Lindsey Freeman                 | Nicolle Hamlyn                   | Heather Gills              |
| #3         | Alison Jones                   | Mackenzie Cahill                 | Meighan Saunders                | Jennie Wadden                    | Courtney<br>Langmead       |
| #2         | Jennifer Carroll               | Tessa Thorne                     | Amanda Mews                     | Sarah East                       | Hannah Burton              |
| #1         | Kelia Cadigan                  | Mel O'Brien                      | Katie Breen                     | Tracy Roche                      | Jennifer Kryszak           |
| SPARE      | Siobhan Duff                   | Williamina Martin                | Beth Davis                      | Ellen Gleadow                    | Lindsay Holwell            |
| COACH      | Zach Meaney                    | Williamina Martin                | Jack Fagan                      | Anna Walsh                       | Andrew Williams            |
| TIMETRIALS | 5:17.60                        | 5:19.26                          | 5:20.61                         | 5:23.05                          | 5:31.52                    |
| PLACE      | _____                          | _____                            | _____                           | _____                            | _____                      |
| TIME       | _____                          | _____                            | _____                           | _____                            | _____                      |

Whether you're on the erg,  
on the lake, or in the community,  
  
your teamwork, commitment,  
determination, & leadership are  
worth celebrating!

We're a proud supporter of the  
**Royal St. John's Regatta!**



[cna.nl.ca](http://cna.nl.ca)

| Race #4             | 9:20AM                          | CNA Mercantile Senior Women's Race |                                  |   | Race Record: 5:15.82                  |
|---------------------|---------------------------------|------------------------------------|----------------------------------|---|---------------------------------------|
| SHELL               | STAKE 1<br>The Broker           | STAKE 2<br>President's Choice      | STAKE 3<br>The OZ Network        | STAKE 4<br>Smith Stockley                 | STAKE 5<br>Newfoundland Herald        |
| FLAG COLOUR<br>CREW | Tan<br>Momentum Health          | White<br>Puglisevich               | Gold<br>All Star Rebar           | Green<br>Carpenter Millwright College     | Blue<br>St John's Home Hardware       |
| COXSWAIN<br>STROKE  | Carolyn Cook<br>Catherine Ducey | Melissa Snow<br>Valerie Byrne      | Michael Shea<br>Stephanie Lagace | Gary Collins<br>Kristen Hynes<br>Brothers | Jackie Warfield<br>Patricia Churchill |
| #5                  | Dayna Hogan                     | Charmaine Wiseman                  | Heather Tizzard                  | Alicia Whitty                             | Marina Lethbridge                     |
| #4                  | Kathlene White                  | Melissa Doyle                      | Ericka Brown                     | Charmaine Freaque                         | Jeannie Snow                          |
| #3                  | Vanessa Alexander               | Stephanie Bolger                   | Kristen Strickland               | Andrea Murray                             | Tracey Pittman                        |
| #2                  | Lesley-Marie Lahay              | Stacey Moran                       | Valerie Piper                    | Michele Hynes                             | Beverly Kennedy                       |
| #1                  | Allison Somers                  | Vanessa Babstock                   | Anna Cook                        | Nicole Smith                              | Susan Byrne                           |
| SPARE               | Kelly-Anne Roberts              | Nicole Boland                      | Stephanie Myers                  | Betsy Nicholson                           |                                       |
| SPARE               |                                 | Shannon Costello                   |                                  |   |                                       |
| COACH               | Lindsay Holwell                 | Clyde Tucker                       |                                  |   |                                       |
| TIME TRIALS         | 5:32.60                         | 5:47.90                            | 5:49.60                          | 6:00.70                                   | 6:08.20                               |
| PLACE               | _____                           | _____                              | _____                            | _____                                     | _____                                 |
| TIME                | _____                           | _____                              | _____                            | _____                                     | _____                                 |

| Race #5             | 9:40 AM                         | Tim Hortons U18 Women's Race  |         |                               | Race Record: 5:25.66                |
|---------------------|---------------------------------|-------------------------------|---------|-------------------------------|-------------------------------------|
| SHELL               | STAKE 1<br>Miss Tubular         | STAKE 2<br>Pomerleau          | STAKE 3 | STAKE 4<br>Cougar Helicopters | STAKE 5<br>Dictator                 |
| FLAG COLOUR<br>CREW | Tan<br>Universal Corporate Wear | Gold<br>Stavanger Dental      |         | Blue<br>Cole-Air Contracting  | Red<br>Team Menchies                |
| COXSWAIN<br>STROKE  | Gord Delaney<br>Greta Colford   | George Wade<br>Kaitlyn Drover |         | Darryl Price<br>Kathy Manning | Courtney Langmead<br>Victoria Davis |
| #5                  | Jorja Ryan                      | Annabelle Earle               |         | Avery Cluett                  | Claire Emberley                     |
| #4                  | Lily Byrne                      | Haley Edwards                 |         | Emma Griffin                  | Jasmine Carey                       |
| #3                  | Ella Duffett                    | Olivia Weatherdon             |         | Vanessa Elliott               | Sophie Fudge                        |
| #2                  | Claire Murphy                   | Carly Marsh                   |         | Emily Edmonds                 | Sarah Gruchy                        |
| #1                  | Abigail Bridger                 | Emma Strong                   |         | Candace Pawlett               | Erica Loveless                      |
| SPARE               | Emily Pittman                   | Lizzy Morey                   |         | Allie Ryan                    | Emma Vavasour                       |
| SPARE               |                                 |                               |         |                               | Jasmine Carey                       |
| COACH               |                                 | Gillian Suley                 |         |                               | Jennifer Browne                     |
| MANAGER             | Susan Byrne                     | Karen Weatherdon              |         | Grace Follett                 | Donald Emberley                     |
| TIME TRIALS         | 5:41.74                         | 6:24.00                       |         | 7:06.54                       |                                     |
| PLACE               | _____                           | _____                         | _____   | _____                         | _____                               |
| TIME                | _____                           | _____                         | _____   | _____                         | _____                               |

| Race #6             | 10:00 AM                    | Rogers Women's Master's Race |                                 |         | Race Record: 5:12.53            |
|---------------------|-----------------------------|------------------------------|---------------------------------|---------|---------------------------------|
| SHELL               | STAKE 1<br>The Broker       | STAKE 2                      | STAKE 3<br>The OZ Network       | STAKE 4 | STAKE 5<br>Smith Stockley       |
| FLAG COLOUR<br>CREW | Tan<br>Steers Insurance     |                              | Gold<br>Spindrift               |         | Green<br>Kent Building Supplies |
| COXSWAIN<br>STROKE  | Michael Shea<br>Cindy Roche |                              | Yvonne Knight<br>Alison Hickman |         | Russell Tuton<br>Amanda Will    |
| #5                  | Sarah Anthony               |                              | Kelly Knight                    |         | Jenny Bowring                   |
| #4                  | Carolyn Coady               |                              | Mary Rideout                    |         | Francine Keough                 |
| #3                  | Jennifer Windsor-Browne     |                              | Karren Power                    |         | Shannon Stamp                   |
| #2                  | Kimberley Horwood           |                              | Paula Ellsworth                 |         | Kate Chalker                    |
| #1                  | Rhonda Bridger              |                              | Neva Fudge                      |         | Gloria Brown                    |
| SPARE               | Leona Rockwood              |                              | Cindy Hickman                   |         | Kelly Roche                     |
| SPARE               |                             |                              | Sheena Coyle                    |         |                                 |
| MANAGER             |                             |                              |                                 |         | Dean Lear                       |
| TIME TRIALS         | 5:54.54                     |                              | 6:21.93                         |         | 6:54.10                         |
| PLACE               | _____                       | _____                        | _____                           | _____   | _____                           |
| TIME                | _____                       | _____                        | _____                           | _____   | _____                           |

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| Race #7     | 10:20 AM                | Newfoundland Power U21 Women's Race |   |         | Race Record: 5:11.15 |
|-------------|-------------------------|-------------------------------------|---|---------|----------------------|
| SHELL       | STAKE 1<br>Miss Tubular | STAKE 2                             | STAKE 3<br>Iceberg Gold<br>White                            | STAKE 4 | STAKE 5              |
| FLAG COLOUR | Tan                     |                                     |   |         |                      |
| CREW        | JAT Excavating          |                                     | Eastern Valve & Control<br>Deanne Smith<br>Molly Anne Smith |         |                      |
| COXSWAIN    | Kelly Buist             |                                     | Kate Bruce<br>Eva Sullivan<br>Elle Sullivan                 |         |                      |
| STROKE      | Fern Zedel              |                                     | Lauren Moores<br>Ava Bishop<br>Susannah Polack-Finlay       |         |                      |
| #5          | Renee Hynes             |                                     |   |         |                      |
| #4          | Jessica Cantwell        |                                     |   |         |                      |
| #3          | Mackenzie Parrell       |                                     |   |         |                      |
| #2          | Amber Pawlett           |                                     |   |         |                      |
| #1          | Cecilia Martino         |                                     |   |         |                      |
| SPARE       | Leila McCrate           |                                     |   |         |                      |
| COACH       | Petula Parrell          |                                     |   |         |                      |
| MANAGER     |                         |                                     | Amy Bishop  |         |                      |
| TIMETRIALS  | 6:02.12                 |                                     | 6:27.19   |         |                      |
| PLACE       | _____                   | _____                               | _____   | _____   | _____                |
| TIME        | _____                   | _____                               | _____   | _____   | _____                |

| Race #8     | 10:40 AM              | Sobeys General Workers Senior Women's Race |                           |                       | Race Record: 5:30.56                    |
|-------------|-----------------------|--|---------------------------|-----------------------|---|
| SHELL       | STAKE 1<br>The Broker | STAKE 2<br>President's Choice              | STAKE 3<br>The OZ Network | STAKE 4<br>The Henley | STAKE 5<br>The Newfoundland Herald Blue |
| FLAG COLOUR | Tan                   | White                                      | Gold                      | Red                   |   |
| CREW        | Lambs Ladies          | Keith Bradbury RE/MAX                      | Wellington-Atlas          | Sisters in Fitness    | Hot Frost Heat Pumps<br>Derek Mercer    |
| COXSWAIN    | Jeannie Snow          | Jim Carroll                                | Jennifer Windsor Browne   | Jim Ring              |   |
| STROKE      | Rhonda Harte Pittman  | Katie Handrigan                            | Andrea Power              | Pam Fagan             | Kim Hawco                               |
| #5          | Claire Avery          | Jessie Hanley                              | Yvonne Knight             | Jennifer Parsons      | Simone Lilly                            |
| #4          | Joy Hart              | Lauren Sinclair                            | Kelly Buist               | Michelle Porter       | Jennifer Gaudon                         |
| #3          | Adrienne Downer       | Ashley Lee                                 | Dena Kavanagh             | Kelly Murphy          | Ashley Rumsey                           |
| #2          | Andrea Kearley        | Lydia Stansbury                            | Cheryl Oake               | Juanta Bungay         | Carolyn Cook                            |
| #1          | Deanne Dawe           | Katie Fraser                               | Annette Larkin            | Jennifer Murphy       | Kathy Power                             |
| SPARE       | Katie Luther          | Carla Chaytor                              | Janine Snelgrove          | Cheryl Coates         | Angela Skinner                          |
| SPARE       | Angela Skinner        |  |                           |                       |   |
| COACH       |                       |  | Kristina Ennis            |                       |   |
| TIMETRIALS  | 6:11.25               | 6:14.90                                    | 6:16.00                   | 6:16.80               | 6:19.40                                 |
| PLACE       | _____                 | _____                                      | _____                     | _____                 | _____                                   |







# Championing Creativity

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| Race #9     | 11:20 AM                    | Prime Creative Senior Men's Short Course**/ Senior Women's Long Course**/ General Workers Senior Men's*** Races |                  |         | Race Records:<br>NA*/<br>10:28.70**/<br>9:15.72*** |
|-------------|-----------------------------|---|------------------|---------|--|
|             | STAKE 1                     | STAKE 2   | STAKE 3          | STAKE 4 | STAKE 5  |
| SHELL       | Miss Tubular                |   | Iceberg Gold     |         | Cougar Helicopter                                  |
| FLAG COLOUR | Tan                         |   | White            |         | Blue   |
| CREW        | Smith Stockley Senior Mens* |   | Studio VERSO**   |         | India Gate***                                      |
| COXSWAIN    | Yvonne Knight               |   | Emma Ramsay      |         | Jackie Warfield                                    |
| STROKE      | Rick Coish                  |   | Stephanie Davis  |         | Andrew Tobin                                       |
| #5          | John Harte                  |   | Alyssa Devereaux |         | Frank Gogos  |
| #4          | Dave Curran                 |   | Claudette Warren |         | Brendan Coombes                                    |
| #3          | Jimmy Wade                  |   | Nancy Beaton     |         | Harry Lockyer                                      |
| #2          | Sandy Snow                  |   | Katie Wadden     |         | Keith Bussey                                       |
| #1          | Blacky O'Leary              |   | Connie Duffet    |         | Sheldon Barry                                      |
| SPARE       | Rob Prowse                  |   | Cherie Whelan    |         |  |
| SPARE       |                             |   | Kristine Power   |         |  |
| COACH       |                             |   | Mike Power       |         | Iris Bussey  |
| TIMETRIALS  | 6:23.17                     |   | 11:28.61         |         | 12:38.22   |
| PLACE       | _____                       | _____   | _____            | _____   | _____  |
| TIME        | _____                       | _____   | _____            | _____   | _____  |

| Race #10    | 11:30 AM        | City of St. John's Labour Senior Women's Race |                         |                    | Race Record:<br>5:46.39 |
|-------------|-----------------|---|-------------------------|--------------------|-------------------------|
|             | STAKE 1         | STAKE 2                                       | STAKE 3                 | STAKE 4            | STAKE 5                 |
| SHELL       | The OZ Network  | Smith Stockley                                | The Broker              | President's Choice | The Newfoundland Herald |
| FLAG COLOUR | Gold            | Green   | Tan                     | White              | Blue                    |
| CREW        | Planet Fitness  | L&B Concrete Construction                     | Terra Bruce Productions | PF Collins         | Team Broken Earth       |
| COXSWAIN    | Yvonne Knight   | Kevin Greeley                                 | Nancy Beaton            | Craig Button       | Megan Willette          |
| STROKE      | Jenny Cotter    | Clara Manning                                 | Hilary Rose             | Robyn Montague     | Michelle Murphy         |
| #5          | Laura Dawe      | Kelly Benoit                                  | Catherine Fagan         | Donna Billard      | Anna Smith              |
| #4          | Deidre Halliday | Corena Greeley                                | Alison Newell           | Krista Joy         | Catherine Jones         |
| #3          | Amanda Harnum   | Connie Cornick                                | Sara Hodder             | Sharlene Goobie    | Sherry Marshall         |
| #2          | Pamela White    | Tammy Poirier                                 | Gillian Evans           | Sherri Lomond      | Emily Dawe              |
| #1          | Nicole Dawe     | Karen Slaney                                  | Rosa Ernst              | Krista Gorman      | Stephanie Jones         |
| SPARE       | Jessica Milmore | Tina Ring                                     | Lisa Hounsell           | Tara Bolt          |                         |
| SPARE       | Talia Murphy    |   |                         | Susan Colins       |                         |
| COACH       | Mike Shea       |   |                         |                    | Ron Whitten             |
| TIMETRIALS  | 6:19.90         | 6:21.13                                       | 6:24.66                 | 6:30.28            | 6:31.51                 |
| PLACE       | _____           | _____   | _____                   | _____              | _____                   |
| TIME        | _____           | _____   | _____                   | _____              | _____                   |

| Race #11    | 2:00 PM              | NLCU Commercial Senior Women's Race |                            |   | Race Record:<br>5:33.19 |
|-------------|----------------------|-------------------------------------|----------------------------|---|-------------------------|
|             | STAKE 1              | STAKE 2                             | STAKE 3                    | STAKE 4   | STAKE 5                 |
| SHELL       | Marine Institute     | The Seahawk                         | The CBC                    | The NTV Network   | The Telegram            |
| FLAG COLOUR | Tan                  | Gold                                | White                      | Blue  | Green                   |
| CREW        | Whelan Wellness      | So Kee Grocery                      | Martin & Associates        | Between D'Lines Driving School / PACK Contracting & Renovations Inc | Keith's Plumbing        |
| COXSWAIN    | Gloria Brown         | Richard Bailey                      | Melissa Snow               | Kim Ring  | George Wade             |
| STROKE      | Terri-Lynn Hoskins   | Jenna Evans                         | Monica Martin              | Leanna Sparkes  | Rhonda Earle            |
| #5          | Samantha Williams    | Ashley Hutchings                    | Kristina Stones            | Bee Ring  | Sarah Halliday          |
| #4          | Melissa Power        | Kayla Crichton                      | Robyn Penney-Schwerdtfeger | Christa Steeves   | Renee Furlong           |
| #3          | Tori Costello        | Grace Follett                       | Valerie Ducey              | Chelsea Barnes  | Nicole Wade             |
| #2          | Jessica White        | Leah Percy                          | Crystal Peyton             | Heather Grace-Sinnott   | Ashley Wade             |
| #1          | Susan Hardy          | Jordan Sullivan                     | Tiffany Boone              | Julia Von Rhedey  | Dawn Ring               |
| SPARE       | Amy Brown            | Olivia Dwyer                        | Amanda Power               | Jennifer Bruce  |                         |
| SPARE       | Jessica Dwyer-Milley |                                     | Cara Courtney              | Rebecca Roche   |                         |
| COACH       |                      |                                     | Clyde Tucker               |   |                         |
| TIMETRIALS  | 6:35.23              | 6:38.98                             | 6:39.76                    | 6:41.68   | 6:44.83                 |
| PLACE       | _____                | _____                               | _____                      | _____   | _____                   |
| TIME        | _____                | _____                               | _____                      | _____   | _____                   |



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| Race #12    | 2:20 PM                        | Benson Buffett District Senior Women's Race |                               |                                    | Race Record: 5:29.86   |
|-------------|--------------------------------|---|-------------------------------|------------------------------------|--|
| SHELL       | STAKE 1<br>The Stroke of Power | STAKE 2<br>Smith Stockley II                | STAKE 3<br>The Ranger         | STAKE 4<br>Lamb's Palm Breeze      | STAKE 5<br>Catherine M   |
| FLAG COLOUR | Blue                           | Green                                       | Tan                           | Red                                | Gold   |
| CREW        | The Residence at Littledale    | Professional Chimney Services               | Equinor Canada                | Canadian Armed Forces Women        | Rest NL  |
| COXSWAIN    | Fabian McGrath                 | Jackie Warfield                             | Tony Cadigan                  | Ben Colbourne                      | Lenny Williams   |
| STROKE      | Megan Willette                 | Miranda Hefferan Barry                      | Melissa Jones                 | Katie Yarn                         | Megan Lehr   |
| #5          | Sarah Sloan                    | Anita Lockyer                               | Brenda Baird                  | Martha Gaultois                    | Vanessa Farrell  |
| #4          | Heidi Keating                  | Carla Hodder-Drake                          | Erika Kelland                 | Mikayla Harper                     | Brittani Dixon   |
| #3          | Laura Dawe                     | Pam Broders                                 | Aimie McSeveney               | Joanne Sinnott                     | Stacy Sellers  |
| #2          | Julie Parsons                  | Ashley Lewis<br>Amy Brown                   | Amanda Keough                 | Kimiko Bellavance<br>Cara Courtney | Courtney Clarke<br>Stephanie Broders<br>Fleming<br>Heidi White |
| #1          | Jennifer Miller                | Iris Bussey                                 | Jenny Brace                   | Morgan Evans                       | Shelley White  |
| SPARE       | Melissa North                  |   | Sandra Walsh<br>Rachel Kieley | Kim Lawlor                         | Jill Colbourne   |
| SPARE       |                                |   |                               |                                    |  |
| COACH       |                                | Keith Bussey                                |                               |                                    |  |
| TIME TRIALS | 6:47.00                        | 6:47.56                                     | 6:57.60                       | 7:01.82                            | 7:05.71  |
| PLACE       |                                |   |                               |                                    |  |
| TIME        |                                |   |                               |                                    |  |

| Race #13    | 2:40 PM                    | Heave Away U16 Men's Race |                             |                         | Race Record: 5:00.79    |
|-------------|----------------------------|---------------------------|-----------------------------|-------------------------|-------------------------|
| SHELL       | STAKE 1<br>The NTV Network | STAKE 2<br>The CBC        | STAKE 3<br>Marine Institute | STAKE 4<br>The Sea-Hawk | STAKE 5<br>The Telegram |
| FLAG COLOUR | Blue                       | White                     | Tan                         | Gold                    | Green                   |
| CREW        | The Outfitters             | Madsen                    | Pennecon                    | Outer Cover/Wolseley    | The Unsinkables         |
| COXSWAIN    | Steve Winters              | Darin Hyde                | Gerard Barrington           | Michael Shea            | Tina Ring               |
| STROKE      | Nick Winters               | Seth Hyde                 | Rowan Antle                 | Gabe Bartlett           | Sam Feltham             |
| #5          | Matthew Earle              | Andrew Pearcey            | Luke Rudofsky               | Matthew Stokes          | Raj Sancheti            |
| #4          | Finlay McGrath             | Logan Mahon               | Gavin Barrington            | Ben Roche               | Adam McDonald           |
| #3          | George Parmiter            | Luke Pearcey              | Ryan Moulard                | Drew Randell            | Benjamin Cowan          |
| #2          | James Ryan                 | Jack Thoms                | Dominic Winter              | James Walsh             | Michael Kane            |
| #1          | Kaleb Yetman               | Grant Clarke              | Brayden Coonan              | James Nixon             | Grant Bennett           |
| SPARE       | Jake Evans                 | Jack Drover               | Drew Gogal                  | Andrew Waterman         | Max Dove                |
| SPARE       |                            | Isaac Whalen              | Ben Noseworthy              |                         |                         |
| COACH       | Steve Winters              | Jackie Hyde               | Mike Rudofsky               |                         |                         |
| TIME TRIALS | 5:50.00                    | 5:50.12                   | 6:07.85                     | 6:22.52                 | 6:56.76                 |
| PLACE       |                            |                           |                             |                         |                         |
| TIME        |                            |                           |                             |                         |                         |

| Race #14    | 3:00 PM                        | ALC Club Senior Women's Race |                               |         | Race Record: 5:44.23 |
|-------------|--------------------------------|------------------------------|-------------------------------|---------|----------------------|
| SHELL       | STAKE 1<br>The Stroke of Power | STAKE 2                      | STAKE 3<br>Lamb's Palm Breeze | STAKE 4 | STAKE 5              |
| FLAG COLOUR | Blue                           |                              | Red                           |         |                      |
| CREW        | Martin Surveys                 |                              | Babb Law Office               |         |                      |
| COXSWAIN    | Gord Delaney                   |                              | Lenny Williams                |         |                      |
| STROKE      | Heather Barry                  |                              | Brianna Mercer<br>Williams    |         |                      |
| #5          | Chelsea Mulrooney              |                              | Leah Mercer                   |         |                      |
| #4          | Chantel O'Keefe                |                              | Caitlyn Lush                  |         |                      |
| #3          | Sam Windsor                    |                              | Sara Young                    |         |                      |
| #2          | Caitlin Connolly               |                              | Brooklyn Forward              |         |                      |
| #1          | Krista Tobin                   |                              | Erica Butt                    |         |                      |
| SPARE       | Keeley Blanchard               |                              | Tyra White                    |         |                      |
| TIME TRIALS | 7:28.50                        |                              | 7:53.64                       |         |                      |
| PLACE       |                                |                              |                               |         |                      |
| TIME        |                                |                              |                               |         |                      |





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| Race # 15   | 3:20 PM                               | I Design Ltd. U16 Women's Race |                   |         | Race Record: 5:48.39 |
|-------------|---------------------------------------|--------------------------------|-------------------|---------|----------------------|
| SHELL       | STAKE 1                               | STAKE 2                        | STAKE 3           | STAKE 4 | STAKE 5              |
| FLAG COLOUR | The CBC                               |                                | The Sea-Hawk      |         |                      |
| CREW        | White                                 |                                | Gold              |         |                      |
|             | Sorensen School of Dance Junior Girls |                                | Frontier Subsea   |         |                      |
| COXSWAIN    | Tina Ring                             |                                | Kelly Buist       |         |                      |
| STROKE      | Maria Lockyer                         |                                | Claire Colford    |         |                      |
| #5          | Chloe Rodgers                         |                                | Jane Kirby        |         |                      |
| #4          | Brianna Lee                           |                                | Catherine Colford |         |                      |
| #3          | Claire Healey                         |                                | Anna Thoms        |         |                      |
| #2          | Cheyenne Field                        |                                | Kate Pittman      |         |                      |
| #1          | Sarah Bonnell                         |                                | Violet Avery      |         |                      |
| SPARE       | Vanessa Elliott                       |                                | Allie Ryan        |         |                      |
| SPARE       | Sophie Hawkins                        |                                |                   |         |                      |
| MANAGER     | Evelyn Rodgers                        |                                | Claire Avery      |         |                      |
| TIMETRIALS  | 7:16.20                               |                                |                   |         |                      |
| PLACE       |                                       |                                |                   |         |                      |
| TIME        |                                       |                                |                   |         |                      |

| Race # 16   | 3:40 PM               | Roebathan McKay Marshall All Comers Senior Women's Race |  |         | Race Record: 5:45.91 |
|-------------|-----------------------|---|--|---------|----------------------|
| SHELL       | STAKE 1               | STAKE 2   | STAKE 3  | STAKE 4 | STAKE 5              |
| FLAG COLOUR | Smith Stockley II     |   | The Stroke of Power                              |         |                      |
| CREW        | Green                 |   | Blue   |         |                      |
|             | TNT Clearance Factory |   | Chinese Association of Newfoundland and Labrador |         |                      |
| COXSWAIN    | Lenny Williams        |   | Richard Bailey                                   |         |                      |
| STROKE      | Jennifer Hearn        |   | Jing Gu  |         |                      |
| #5          | Melanie Bishop        |   | Haiyan Tan                                       |         |                      |
| #4          | Tara Walters          |   | Na Li  |         |                      |
| #3          | Tannah Greene         |   | Yaying Tu  |         |                      |
| #2          | Regan Reynolds        |   | Shanshan Liu                                     |         |                      |
| #1          | Samantha Clarke       |   | Tshuhao Hsu                                      |         |                      |
| SPARE       |                       |   | Huiqi Lai  |         |                      |
| SPARE       |                       |   | Mai Jia  |         |                      |
| COACH       |                       |   | Richard Bailey                                   |         |                      |
| MANAGER     | Lenny Williams        |   |  |         |                      |
| TIMETRIALS  | 8:02.80               |   | 9:20.79  |         |                      |
| PLACE       |                       |   |  |         |                      |
| TIME        |                       |   |  |         |                      |

| Race # 17   | 4:00 PM             | Cineplex U14 Men's Race |                         |         | Race Record: 2:26.90 |
|-------------|---------------------|-------------------------|-------------------------|---------|----------------------|
| SHELL       | STAKE 1             | STAKE 2                 | STAKE 3                 | STAKE 4 | STAKE 5              |
| FLAG COLOUR | The NTV Network     |                         | The Sea-Hawk            |         | Marine Institute     |
| CREW        | Blue                |                         | Gold                    |         | Tan                  |
|             | Cojones Rowing Crew |                         | Number 10 Clothing Crew |         | Case Construction    |
| COXSWAIN    | Mike Rudofsky       |                         | Mackenzie Parrell       |         | Darin Hyde           |
| STROKE      | Matthew Rudofsky    |                         | Max Steele              |         | Nicholas Hounsel     |
| #5          | Liam Walsh          |                         | Caleb Murphy            |         | Ryan Pearcey         |
| #4          | Liam Costello       |                         | Euan Colford            |         | Thomas Webb          |
| #3          | Nathan Stanley      |                         | Jonah Murphy            |         | Andersen McGrath     |
| #2          | Maddox Coady        |                         | Ethan Cole              |         | Fintan Warren        |
| #1          | Davis Koren         |                         | Ben Moulant             |         | William Lake         |
| SPARE       | Jack Clarke         |                         | Andrew Walsh            |         | Seth Broderick       |
| SPARE       |                     |                         |                         |         | Nathan Cahill        |
| COACH       |                     |                         |                         |         | Darin Hyde           |
| MANAGER     |                     |                         | Sheena McCrate          |         | Jackie Hyde          |
| TIMETRIALS  | 3:15.57             |                         | 3:26.76                 |         | 3:35.30              |
| PLACE       |                     |                         |                         |         |                      |
| TIME        |                     |                         |                         |         |                      |



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| Race #18    | 4:20 PM             | Marco U14 Women's Race |                    |         | Race Record: 2:37.60 |
|-------------|---------------------|------------------------|--------------------|---------|----------------------|
|             | STAKE 1             | STAKE 2                | STAKE 3            | STAKE 4 | STAKE 5              |
| SHELL       | The Stroke of Power |                        | Smith Stockley II  |         |                      |
| FLAG COLOUR | Blue                |                        | Green              |         |                      |
| CREW        | East Coast Catering |                        | Mahe's Contracting |         |                      |
| COXSWAIN    | Kelly Buist         |                        | Tina Ring          |         |                      |
| STROKE      | Rachael Langdon     |                        | Rachel Cook        |         |                      |
| #5          | Raleigh Courtenay   |                        | Bridget Roche      |         |                      |
| #4          | Avaiah Churchill    |                        | Hillary Sharpe     |         |                      |
| #3          | Grace Norman        |                        | Lola Winsor        |         |                      |
| #2          | Bridgette Connolly  |                        | Avery Warr         |         |                      |
| #1          | Isabella Bourne     |                        | Eva Maher          |         |                      |
| SPARE       | Jane Lilly          |                        | Callie Malone      |         |                      |
| COACH       | Heidi Courtenay     |                        |                    |         |                      |
| MANAGER     | Heidi Courtenay     |                        | Cindy Roche        |         |                      |
| TIMETRIALS  | 2:49.30             |                        | 3:07.86            |         |                      |
| PLACE       | _____               | _____                  | _____              | _____   | _____                |
| TIME        | _____               | _____                  | _____              | _____   | _____                |

| Race #19    | 4:40 PM              | Domino's U14 Women's Race |                  |         | Race Record: 2:37.60   |
|-------------|----------------------|---------------------------|------------------|---------|------------------------|
|             | STAKE 1              | STAKE 2                   | STAKE 3          | STAKE 4 | STAKE 5                |
| SHELL       | The Sea-Hawk         |                           | Marine Institute |         | The NTV Network        |
| FLAG COLOUR | Gold                 |                           | Tan              |         | Blue                   |
| CREW        | Orkin Canada         |                           | Outer Cove Girls |         | J & E Enterprises Ltd. |
| COXSWAIN    | Tina Ring            |                           | Julie Parsons    |         | Chris Neary            |
| STROKE      | Charlee Hill         |                           | Arin Bonia       |         | Olivia Neary           |
| #5          | McKinleigh Kennell   |                           | Sally Coady      |         | Kayleigh Finlay        |
| #4          | Lily Moores          |                           | Charlotte Nixon  |         | Elsa Loveys            |
| #3          | Lily MacKinnon       |                           | Liv Randell      |         | Mary Jane Gallant      |
| #2          | Billie Beaton-Cutler |                           | Carli Green      |         | Jenna Whittle          |
| #1          | Grace Ellard         |                           | Jasmine Hickey   |         | Hannah Newman          |
| SPARE       | Libby Richardson     |                           | Nora Goose       |         | Emily Wardle           |
| COACH       | Tina Ring            |                           |                  |         | Craig Whittle          |
| MANAGER     | Sarah Healey         |                           | Janet Nixon      |         |                        |
| TIMETRIALS  | 3:51.01              |                           | 4:33.76          |         | 4:44.25                |
| PLACE       | _____                | _____                     | _____            | _____   | _____                  |
| TIME        | _____                | _____                     | _____            | _____   | _____                  |



THE 2023 ROYAL ST. JOHN'S REGATTA  
 NOTH ATLANTIC ORANGESTORE MEN'S CHAMPIONSHIP

| Race #19                 |         | Men's Championship Race |         |         |         | 6:30 PM |
|--------------------------|---------|-------------------------|---------|---------|---------|---------|
| Five Fastest Men's Crews |         |                         |         |         |         |         |
|                          | STAKE 1 | STAKE 2                 | STAKE 3 | STAKE 4 | STAKE 5 |         |
| Crew                     |         |                         |         |         |         |         |
| Qualifying Time          |         |                         |         |         |         |         |
| Finish                   |         |                         |         |         |         |         |
| Place                    |         |                         |         |         |         |         |
| Time                     |         |                         |         |         |         |         |

THE 2022 MEN'S CHAMPIONS:

**NTV**

MOLSON COORS GERRY ANGEL MEMORIAL TROPHY  
 TIME: 9:40.91



(L-R): Tyler Young, Dean Hammond, Chris Roche, Dexter Decker, Mike Barnes, Francis Norris, Blaine Edwards, Donnie Decker, Eric Crane, Tony Barrington and Paul Hussey

THE 2023 ROYAL ST. JOHN'S REGATTA  
 STIRLING COMMUNICATIONS INTERNATIONAL WOMEN'S CHAMPIONSHIP

| Race #20                   |         | Women's Championship Race |         |         |         | 7:00 PM |
|----------------------------|---------|---------------------------|---------|---------|---------|---------|
| Five Fastest Women's Crews |         |                           |         |         |         |         |
|                            | STAKE 1 | STAKE 2                   | STAKE 3 | STAKE 4 | STAKE 5 |         |
| Crew                       |         |                           |         |         |         |         |
| Qualifying Time            |         |                           |         |         |         |         |
| Finish                     |         |                           |         |         |         |         |
| Place                      |         |                           |         |         |         |         |
| Time                       |         |                           |         |         |         |         |

THE 2022 WOMEN'S CHAMPIONS:

**Hyflodraulic**

KIM STIRLING MEMORIAL TROPHY  
 TIME: 5:11.35



(L-R): Ashley Peach, Cahill Dwyer, Craig Whittle, Robert Roach, Tracy Roche, Ellen Gleadow, Catherine Kelly, Nicolle Hamlyn, Jennie Wadden, Sarah East, Teresa Butler and Noelle Thomas-Kennell





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The logo for iDESIGN LIMITED, with "iDESIGN" in large black letters and "LIMITED" in smaller red letters to the right. Below it, "GRAPHIC DESIGN & PRINT" is written in red. A red diagonal banner with a white dotted pattern runs across the background.A close-up photograph of a dog's head, identified as Delilah, a team lead with 6 years of experience.

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## THE 2023 ROYAL ST. JOHN'S REGATTA HALL OF FAME

- 1987:** Philip Browne, James A. Clancy, Samuel Ebsary, Honourable Justice James D. Higgins, Honourable Justice William J. Higgins, John J. Kenny, Lord Edward Morris, John J. Reardigan, Levi Rogers  
**Crews:** The 1877 Placentia Male Crew, The 1901 Outer Cove Fishermen Male Crew
- 1988:** Rendell W. Jeans, James A. Ring, Robert Sexton
- 1989:** Gerald P. Angel  
**Crew:** The 1856 Quidi Vidi Female Crew
- 1990:** Honourable Sir Edgar R. Bowring, Gordon Tilley, John M. Tobin, Arthur G. Williams
- 1991:** No Inductees
- 1992:** No Inductees
- 1993:** James J. Carter, Jack Connors, Gerry Lewis, Gerald Stone  
**Crew:** The 1958 Hotel Newfoundland Female Crew
- 1994:** John J. Coaker, Adrian O'Keefe, John O'Neill, John Perlin
- 1995:** Alfred Holwell, Samuel Loveys, Patrick Ring, Geoffrey Stirling  
**Crew:** The 1904 Blackhead Fishermen Male Crew
- 1996:** Mike Dwyer, Gertrude Reardigan, Tom Traverse  
**Committees:** The 1826 Regatta Committee, The 1871 Regatta Committee
- 1997:** Cyril Boland, Alec G. Henley, John Warren  
**Crew:** The 1964 William Summers Jr. Male Crew
- 1998:** Thomas Kearsey, Richard Squires, Thomas Stone  
**Crew:** The 1939 West End Police Male Crew
- 1999:** Andrew Crosbie, Michael Howley, Mike Power  
**Crew:** The 1981 Smith Stockley Male Crew
- 2000:** Max Dowden, Ed Hennessey  
**Crew:** The 1982 Outer Cove Male Crew
- 2001:** John Barrington  
**Crew:** The 1994 OZ FM Female Crew
- 2002:** George Stockley  
**Crews:** The 1944-1948 Army Dock Male Crew, The 1949-1950 Higher Levels Intermediate Male Crew
- 2003:** William Murphy  
**Crews:** The 1944-1948 U.S. Army Dock Male Crew, The 1959-1964 William Summers Junior Male Crew
- 2004:** John O'Mara, Richard Pittman, Arthur Snow, Theo Whitten
- 2005:** Donald S. Johnson, Adrian Traverse  
**Crews:** The 1954-1955 U.S. Air Police Male Crew, The 1995 Keyin Tech Female Crew
- 2006:** Paul Campbell  
**Crew:** The 1979-1980 Health Sciences Centre/General Hospital Female Crew
- 2007:** William Clarke, Cyril Collins, Lee Halleran, Joseph Healey  
**Crew:** The 1997 Butternut Male Crew
- 2008:** No Inductees
- 2009:** Ron Brennan, Gerald Keough, Ken Power
- 2010:** Andrew G. Carnell, David J. Fox  
**Crew:** The 1989 RNC/Lakeshore Homes Male Crew
- 2011:** Sandy Greeley  
**Crews:** The 1885 Outer Cove Fishermen Male Crew, The 1991 Smith Stockley/Outer Cove Male
- 2012:** Geoffrey C. Carnell, Jr., Charlie Cook  
**Crew:** The 1949 Bowring Brothers Female Crew
- 2013:** Denis (Dee) Murphy, Patricia E. Murphy, Patrick Power
- 2014:** No Inductees
- 2015:** Robert Healey, Gail Malone, Mary Oakley
- 2016:** No Inductees
- 2017:** No Inductees
- 2018:** **Crews:** 1977 Placentia Lions Men's Crew, 1989 Outer Cove/East Coast Marine Male Juvenile Team
- 2019:** No Inductees
- 2020:** No Inductees
- 2021:** Patrick (Rick) Coish, Rosalind Devereaux, Siobhan Duff, Paul Ring  
**Crew:** 1995 East Coast Marine Midget Crew
- 2022:** Michael Hickey, Ronnie Whitten  
**Crew:** Torbay Fishermans Crew (1928-1935)
- 2023:** Charles Cook, Ed Williams

### The 2023 Royal St. John's Regatta Hall of Fame Committee

Don Kelly (Chair), Bob Whelan, Brian Madore, Brendan McCarthy, Gail Malone, Mike Power, Wayne Purchase, Chris Neary

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# In Memoriam

The Royal St. John's Regatta Committee has been advised of the passing of:

**Denis Croke  
Danielle McGrath  
Derek Peper  
John C. Perlin  
Michael O'Brien**

The Royal St. John's Regatta Committee, on behalf of its members and participants, offers sincere sympathy to the families and friends of all who have passed away during this past year.

It would be appreciated if those with knowledge of the passing of any person, who was involved in any capacity with the Royal St. John's Regatta, would kindly inform the Royal St. John's Regatta Committee:

10 Clancey Drive, St. John's, NL A1A 5P5

Phone: 709-576-8921

Email: [communications@stjohnsregatta.com](mailto:communications@stjohnsregatta.com)



## THE 2023 ROYAL ST. JOHN'S REGATTA IN MEMORIAM OF HONOURARY LIFE PRESIDENT MR. JOHN C. PERLIN

The Royal St John's Regatta Committee sadly marked the passing of our Honourary Life President and long time volunteer, John C. Perlin CM, CVO, ONL, LLD, on October 9, 2022.

Having served the Committee over the course of nearly 70 years, Mr. Perlin took on many roles, including that of President, Vice President, Secretary and Treasurer. Mr. Perlin was instrumental in the St. John's Regatta receiving its "Royal" designation by Her Majesty, Queen Elizabeth II in 1993, which remains to this day one of the organization's greatest honours.

For his exemplary volunteerism, Mr. Perlin was named to the Royal St. John's Regatta Committee Hall of Fame in 1994. His lifetime of dedication to the Royal St John's. Regatta Committee culminated in Mr. Perlin being named Honourary Life President in 2022 – a distinction only ever bestowed on two other individuals in the course of the Committee's history.

"The Royal St. John's Regatta Committee grieves the loss of our Honourary Life President, volunteer and friend, Mr. John Perlin. We honour his life by remembering his years of dedication to not only fixed seat rowing in St. John's, but his lifetime of service to countless people and causes throughout Newfoundland and Labrador. His tireless commitment to the Royal St. John's Regatta Committee remains a model of volunteerism and will no doubt continue to inspire future volunteers and those who serve our organization", said Royal St. John's Regatta Committee President Noelle Thomas-Kennell remarked at the time of his passing.



photo credit: Robert Young

THE 2023 ROYAL ST. JOHN'S REGATTA  
OFFICIAL RECORD TIMES

| RACE                    | TIME    | YEAR | CREW                       |
|-------------------------|---------|------|----------------------------|
| <b>WOMEN'S</b>          |         |      |                            |
| Women's All Comers      | 5:45.91 | 2001 | Appleton Rum               |
| Women's Amateur         | 4:56.10 | 2018 | m5 Group                   |
| Women's Club            | 5:44.23 | 2005 | Bella Vista                |
| Women's Commercial      | 5:33.19 | 2001 | Thrifty Car Rental         |
| Women's District        | 5:29.86 | 2001 | CFS St. John's/Sports Shop |
| Women's General Workers | 5:30.56 | 2004 | RJG Construction           |
| U21 Women's             | 5:11.15 | 2004 | Compusult                  |
| U18 Women's             | 5:25.66 | 2002 | Noble Drilling             |
| Women's Labour          | 5:46.39 | 2012 | Statoil                    |
| Women's Masters         | 5:12.53 | 2012 | OZ FM                      |
| Women's Memorial        | 5:34.79 | 2014 | Restwell Mattress          |
| Women's Mercantile      | 5:15.82 | 1997 | North Atlantic Petroleum   |
| U16 Women's             | 5:48.39 | 2001 | Noble Drilling             |
| Women's Service         | 5:55.68 | 2011 | Labrador Motors            |
| U14 Women's             | 2:37.60 | 2016 | FW Connolly Electrical     |

| <b>MEN'S</b>          |         |      |                              |
|-----------------------|---------|------|------------------------------|
| Men's All Comers      | 9:24.80 | 1995 | Concrete Products            |
| Men's Amateur         | 8:54.06 | 2007 | Crosbie Industrial Services  |
| Men's Commercial      | 9:17.79 | 1991 | RNC Sportscraft              |
| Men's General Workers | 9:15.72 | 1981 | Smith Stockley               |
| U21 Men's             | 9:23.27 | 2001 | Academy Canada               |
| U18 Men's             | 9:43.07 | 1989 | Outer Cove/East Coast Marine |
| Men's Labour          | 9:22.99 | 1987 | H.M. Penitentiary            |
| Men's Masters         | 9:40.11 | 2012 | 3M Masters                   |
| U16 Men's             | 5:00.79 | 1995 | East Coast Marine            |
| Men's Service         | 9:03.64 | 1991 | Smith Stockley-Outer Cove    |
| U14 Men's             | 2:26.90 | 2016 | Green Sleeves/Men's Den      |

| <b>CHAMPIONSHIP</b> |         |      |                             |
|---------------------|---------|------|-----------------------------|
| Women's             | 4:57.78 | 2005 | Compusult A/Canada Games    |
| Men's               | 8:51.32 | 2007 | Crosbie Industrial Services |

| <b>COURSE RECORDS</b>   |         |      |                             |
|-------------------------|---------|------|-----------------------------|
| Long Course (2.450 km)  | 8:51.32 | 2007 | Crosbie Industrial Services |
| Short Course (1.225 km) | 4:56.10 | 2018 | m5 Group                    |



THE 2023 ROYAL ST. JOHN'S REGATTA  
CORPORATE SPONSORS

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**Women's Championship Race: Men's Championship Race**

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**THE 2023 ROYAL ST. JOHN'S REGATTA  
2022 OFFICIAL WINNING TIMES**

| <b>RACE</b>   | <b>SHELL</b>        | <b>CREW</b>                             | <b>TIME</b> |
|---|---------------------|---|-------------|
| Sobeys Amateur Senior Women                               | Miss Tubular        | Hyflodraulic Limited                    | 5.08.00     |
| VSC Mercantile Senior Women                               | The OZ Network      | India Gate                              | 5.35.42     |
| NTV Satellite Network Amateur Senior Men                  | Miss Tubular        | NTV                                     | 9.32.37     |
| Chevron All Comers Senior Men                             | The Broker          | Fine Strokes Painting and Plaster Ltd   | 10.03.49    |
| Chevron All Comers Masters Men                            | The Oz Network      | Piatto Pizza                            | 11.10.47    |
| Rogers U21 Women  | Pomerleau           | Smith Stockley                          | 5.23.77     |
| Rogers Masters Women                                      | Miss Tubular        | Steers Insurance                        | 5.33.16     |
| CNA U18 Women   | The Broker          | Universal Corporate Wear Juvenile Women | 5.33.96     |
| Tim Hortons U21 Men                                       | Miss Tubular        | Penney Kia                              | 10.18.78    |
| Prime Creative Senior Women's Long Course                 | The Broker          | Verso                                   | 10.28.70    |
| Sobeys General Workers Senior Women                       | Iceberg Gold        | Home Hardware St. John's                | 5.55.41     |
| City of St. John's Labour Senior Women                    | President's Choice  | Keith Bradbury Re/max                   | 5.55.99     |
| VOCM Commercial Senior Women                              | The Telegram        | TLC Nursing and Homecare                | 6.08.57     |
| Patriot Buntings District Senior Women                    | The Stroke of Power | Port Rexton Brewery                     | 6.18.31     |
| ALC Club Senior Women                                     | The Seahawk         | Ridgeline Industrial Services           | 6.20.22     |
| Dominos U16 Men   | Smith Stockley II   | Quinlan Boland Barrett CPA              | 5.45.57     |
| Newfoundland & Labrador Credit Union U16 Women            | NTV Network         | Coleair                                 | 6.49.92     |
| Imprint U14 Men   | Miss India II       | The Outfitters                          | 2.54.25     |
| Subway U14 Women 1  | The CBC             | Universal Corporate Wear                | 3.00.38     |
| Go! Store U14 Women 2                                     | Miss India II       | Maher's Contracting Ltd.                | 4.13.28     |
| Stirling Communications International Female Championship | Miss Tubular        | Hyflodraulic                            | 5.11.35     |
| Come Home Year Men's Championship                         | Miss Tubular        | NTV                                     | 9.40.91     |

**HONOURARY LIFE PRESIDENT MR. BERNARD "TANNY" COLLINS**

One of the most prestigious honours to be bestowed upon a Royal St. John's Regatta Committee member is Honourary Life President. So it was with great pleasure that the Royal St. John's Regatta Committee proudly announced the appointment Honourary Life President, Bernard "Tanny" Collins, only the 4th such named in our more than 200 year history, in June 2023.

"The decision to name an Honourary Life President is one our Committee takes very seriously. The position is reserved for those who have shown a deep commitment to our organization and those whose tireless efforts have not only enhanced the Royal St. John's Regatta, but fixed-seat rowing on the whole. Mr. Collins' many years of exemplary service made him an easy choice for this most esteemed designation. We are honoured that he accepted this appointment and thank him for his dedication to the Royal St. John's Regatta", says Royal St. John's Regatta Committee President, Noelle Thomas-Kennell.

Bernard "Tanny" Collins' history with the Royal St. John's Regatta goes back to the late 1960s when he started rowing, though many would say his connection to the Regatta was more of a birthright, passed down from the generations before him. Like his grandfather, Patrick Francis Collins, and his father, Bernard Collins, Tanny happily gave his time and skills, jumping into an organizational role. His contributions to the Regatta are extensive and significant, most notably, acting as Regatta Committee President from 1987-1988. But a few examples of his important work include the establishment of the organization's current governance structure, the Hall of Fame was created, and the vision and funding for the refurbished boathouse began (with the project eventually being completed in 2000). Also in 1988, Tanny oversaw the testing of our race shells by the Institute of Marine Dynamics at MUN. The wave tank tests showed that the design created by Robert Sexton, the carriage maker and Dr. Rendall, the rowing enthusiast, could not be improved upon.

His commitment to the Royal St. John's Regatta has extended beyond his presidency as evidenced by his family business PF Collins' years of support through the sponsorship of crews, races and trophies, as well as the donation of the racing shell, The Broker. This appointment comes after the passing of Mr. John C. Perlin, CM, CVO, ONL, LLD, in 2022. Previous Honourary Life Presidents include Mr. Jack Reardigan and Mr. Gerry Angel.



THE 2023 ROYAL ST. JOHN'S REGATTA  
SPECIAL TROPHIES AND AWARDS

**Lieutenant Governor's Cup**

Men's Crew with fastest full course time on Regatta Day

**Ned Tilley Memorial Trophy**

Coxswain of Men's Crew with fastest full course time on Regatta Day

**P.J. Thompson Memorial Trophy**

Women's Crew with fastest time on Regatta Day

**Gert Reardigan Trophy**

Coxswain of Women's Crew with fastest time on Regatta Day

**Regatta Committee Trophy**

Oarsperson of the Year

**Regatta Committee Trophy**

Coxswain of the Year

**The Florence Malone Trophy**

U14 Men's Crew with Fastest Time

**The Levi "Shotty" Rogers Memorial Trophy**

Coxswain with most aggregate points on Regatta Day

**The Lord Warden's Award: Queen Mother's 90th Birthday Crowns**

First Men's Crew to break the current full course record time of 8:51.32 on Regatta Day

**The Gail Malone Presidential Award**

First Women's Crew to break the current half course record time of 4:56.10 on Regatta Day

**The Henley Rings**

First Women's Crew to row a time under 4:30.00 on Regatta Day

**The Max Dowden Memorial Trophy**

Coxswain with the Best Turn in a Race

**The Skipper "Jimmy" Ring Trophy**

U14 Women's Crew with Fastest Time

THE 2023 ROYAL ST. JOHN'S REGATTA  
OFFICIAL CHAMPIONSHIP TIMES: 1996-2018

| YEAR | MEN'S TEAM                             | TIME     | BOAT               |
|------|--|----------|--------------------|
| 1998 | RNC-Discovery Springs                  | 09:16.3  | Captain Morgan     |
| 1999 | NTV                                    | 09:15.7  | Good Luck          |
| 2000 | NTV                                    | 09:08.6  | Miss Molson        |
| 2001 | NTV                                    | 09:08.4  | Miss Molson        |
| 2002 | NTV                                    | 09:07.2  | Miss Molson        |
| 2003 | NF Power                               | 09:05.6  | Miss Molson        |
| 2004 | NTV                                    | 09:12.7  | Miss Molson        |
| 2005 | The Independent                        | 09:04.0  | Miss Tubular       |
| 2006 | Crosbie Industrial                     | 09:24.5  | Miss Tubular       |
| 2007 | Crosbie Industrial                     | 08:51.3  | Miss Tubular       |
| 2008 | O'Dea Earle                            | 09:22.2  | Miss Molson        |
| 2009 | East Coast Maintenance Services        | 09:09.7  | Miss Tubular       |
| 2010 | Rogers Bussey Lawyers                  | 09:32.8  | Miss Tubular       |
| 2011 | Rogers Bussey Lawyers                  | 09:10.8  | Miss Tubular       |
| 2012 | Rogers Bussey Lawyers                  | 09:16.6  | Miss Tubular       |
| 2013 | Toyota                                 | 09:23.4  | Miss Tubular       |
| 2014 | Bussey Horwood Lawyers                 | 09:14.5  | Iceberg Gold       |
| 2015 | Max Arts Athletics Wellness            | 09:26.3  | Pomerleau          |
| 2016 | Outer Cove                             | 09:09.68 | Iceberg Gold       |
| 2017 | Outer Cove                             | 09:06.34 | Iceberg Gold       |
| 2018 | Outer Cove                             | 09:06.34 | Cougar Helicopters |
| 2019 | Fine Strokes Plaster and Painting Ltd. | 09:04.71 | Miss Tubular       |
| 2021 | NTV                                    | 09:36.99 | Miss Tubular       |
| 2022 | NTV                                    | 09:40.91 | Miss Tubular       |

| YEAR | WOMEN'S TEAM                               | TIME     | BOAT               |
|------|--|----------|--------------------|
| 1998 | OZ FM                                      | 05:04.5  | Good Luck          |
| 1999 | Keyin College                              | 05:03.6  | Good Luck          |
| 2000 | OZ FM                                      | 05:07.8  | Good Luck          |
| 2001 | Keyin College                              | 05:11.4  | Good Luck          |
| 2002 | OZ FM                                      | 05:08.3  | Miss Tubular       |
| 2003 | OZ FM                                      | 04:58.7  | Miss Tubular       |
| 2004 | Jungle Jim's                               | 05:06.5  | Miss Tubular       |
| 2005 | Compusult A/Canada Games                   | 04:57.8  | Miss Molson        |
| 2006 | OZ FM                                      | 05:16.2  | Miss Tubular       |
| 2007 | O'Dea Earle                                | 05:06.2  | Miss Tubular       |
| 2008 | H.J. O'Connell Construction                | 05:03.5  | Miss Tubular       |
| 2009 | JAC Marketing & Advertising / Canada Games | 05:08.3  | Good Luck          |
| 2010 | M5   | 05:05.2  | Miss Tubular       |
| 2011 | M5   | 04:59.3  | Miss Tubular       |
| 2012 | Roebothan McKay Marshall                   | 05:04.2  | Miss Tubular       |
| 2013 | Max Girls I                                | 05:12.4  | Miss Tubular       |
| 2014 | Max Athletics Women                        | 05:11.8  | Pomerleau          |
| 2015 | Roebothan McKay Marshall                   | 05:18.4  | Miss Tubular       |
| 2016 | M5   | 05:10.16 | Miss Tubular       |
| 2017 | M5   | 05:00.71 | Cougar Helicopters |
| 2018 | M5   | 05:03.58 | Pomerleau          |
| 2019 | Hyflodraulic                               | 05:02.23 | Miss Tubular       |
| 2021 | Hyflodraulic                               | 05:0.99  | Miss Tubular       |
| 2022 | Hyflodraulic                               | 05:11.35 | Miss Tubular       |



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